


Brain Gym® Curriculum Required Coursework - 128 Credits

Called the “Core Curriculum”—where fundamentals are learned.

Number	Title	Credit	Prereq.	Notes	
BG101	Brain Gym® 101 Introduction	24	open to all		
BG101	Brain Gym® 101 Introduction Review	24	open to all	Recommended to take with a different instructor	
201OBO	Optimal Brain Organization	16	BG101		
EID301	Edu-K In Depth	32	BG101	Bring four completed BG101 case studies to class.	
P401	Teacher Practicum	32	completion of all licensure requirements	Bring completed Case Study Log, Balance Forms, and Private Sessions Forms to class.	

note: In some situations such as how courses are scheduled, and at the discretion of the Practicum instructor, one may request permission to take this class prior to completing all other requirements (e.g. Practicum is scheduled before one’s final BG101 review or elective).

Brain Gym® Curriculum Electives - 16 Credits



- All levels from the Brain Gym Curriculum count, with the exception of “Special Interest” and “Pilot” courses.
- Touch for Health 1 and 2 may count towards the Brain Gym Curriculum electives

Anatomy or Kinesiology - 16 Credits



- Physiological Basis of Learning (PBE 103 from the Brain Gym® curriculum)
- Touch for Health 1 if not used as an elective
- College Transcript with Anatomy and/ or Physiology Credits

Practical Application

Hands On Experiences



- Facilitate 7 Case Studies:
 - 4 from BG101: bring to EID301
 - 3 from EID301: bring to P401